

Collaboration with universities and medical institutes

We are carrying out studies in the field of sports in collaboration with some universities and medical institutes.

By keeping use of the "Regulating Pressure" approach, athletes can expect various merits, such as fatigue recovery, injury healing, record improvement and more. We received the 2018 Tohoku Region Invention Awards for "The pressure interval

device for health enhancement" (Patent No. 4477690). This commendation is the result of our contribution to the development of science and technology in Japan as well as to the nation's industrial promotion.



About the creator of the SHINMEI ROOM

Devoted to convert an idea into tangible forms and verify it for practical use.
Today's expert on the regulating pressure technology

Born in 1941. He joined KUREHA CHEMICAL INDUSTRY CO., LTD (Current KUREHA CORPORATION) in 1959, where he engaged in the research of plastics. After retirement, he advanced the idea that he conceived in his youth and had long since entertained: "The way to be healthy without exercise." The decompression room is the fruit of his study. He started business in 2005 by selling the product that accommodates up to 10 people

at a time. In 2006, he developed the decompression room that holds up to 20 people. Then he found that the remarkable effect could be achieved with repeated procedures of alternately increased and decreased air pressure. By trial and error, he learned to optimize the value and frequency of regulating pressure. He has thus established the perfect regulating pressure system. He enjoys playing chess in his free time.



Kawakami Yukichika

SHINMEI ROOM compact type product line

Also available for lease.
For more information, please visit our homepage
<http://shinmei-room.com/>



NR-100R

Upper limit of altitude: 1,000m
Outside dimension
H 1,825mm
W 1,010mm
L 2,275mm
Door opening dimension
1,500x600mm
Weight
Main body / 376kg
Holds up to 1 person

NR-100E-3

Upper limit of altitude: 1,000m
Outside dimension
H 1,825mm
W 1,310mm
L 2,295mm
Door opening dimension
1,500x600mm
Weight
Main body / 440kg
Holds up to 3 people



NR-100P Animal Dock

Upper limit of altitude: 1,000m
Outside dimension
H 750mm
W 700mm
L 1,100mm
Weight
Main body / 25kg



NR-100E-1

Upper limit of altitude: 1,000m
Outside dimension
H 1,825mm
W 1,310mm
L 910mm
Door opening dimension
1,400x500mm
Weight
Main body / 248kg
Holds up to 1 person

Contact us

Planning and development

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Refresh Your Body with Affluent Air

Just varying air pressure brings you a special air.
EPOCH-MAKING health management method.



SHINMEI ROOM

Search



Our unique research revealed the principle that human body can take up more oxygen with repeated change of air pressure within a given time period.

Our "Regulating Pressure" approach uses the principle for health enhancement. In this approach, air pressure is alternately increased and decreased within a given time period. This gives you two conditions. The one is similar to that of the training on high-altitude, where low pressure environment is attained, and the

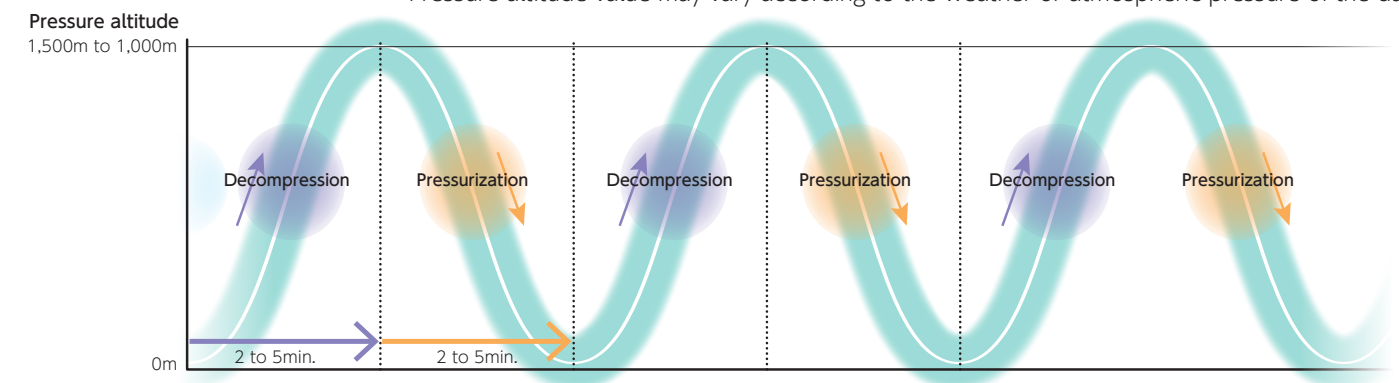
other is to the high-pressure oxygen capsule, where high pressure environment is produced. One single device offers both high and low pressure efficacy at a time.

With the Pressure Regulation approach, we will help more people promote their quality of life.

Principle of the SHINMEI ROOM system

The figure below illustrates the sequential variation of air pressure inside the SHINMEI ROOM system set to the value equivalent to the 1,000m to 1,500m altitude environment.

* Pressure altitude value may vary according to the weather or atmospheric pressure of the day.

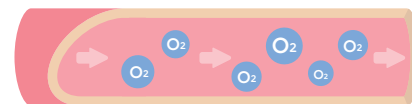


What happens with decreasing and increasing of pressure? Three things that happen inside the SHINMEI ROOM

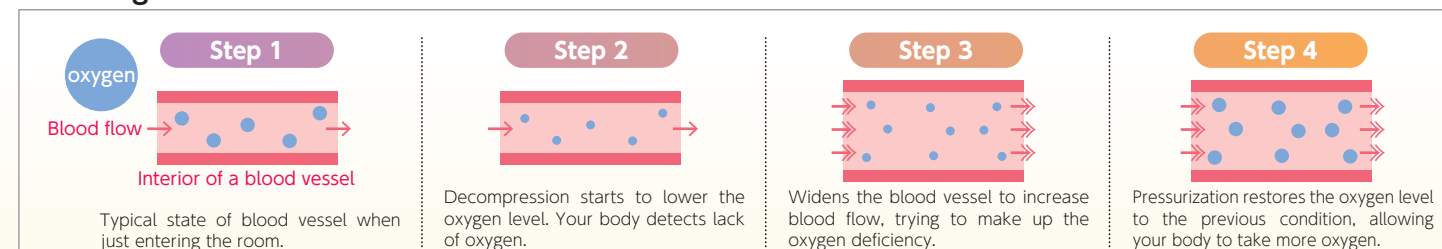
FACTS
1

Widening of blood vessels to improve blood circulation

When pressure is increased and decreased repeatedly, blood vessels are widened, leading to smooth blood flow. Improving blood flow brings you better physical condition and relieves various physical problems, including stiff neck, cold constitution and so on. With the Pressure Regulation approach, we will help more people promote their quality of life.



Widening of blood vessels to increase blood flow

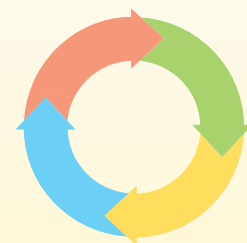


FACTS
2

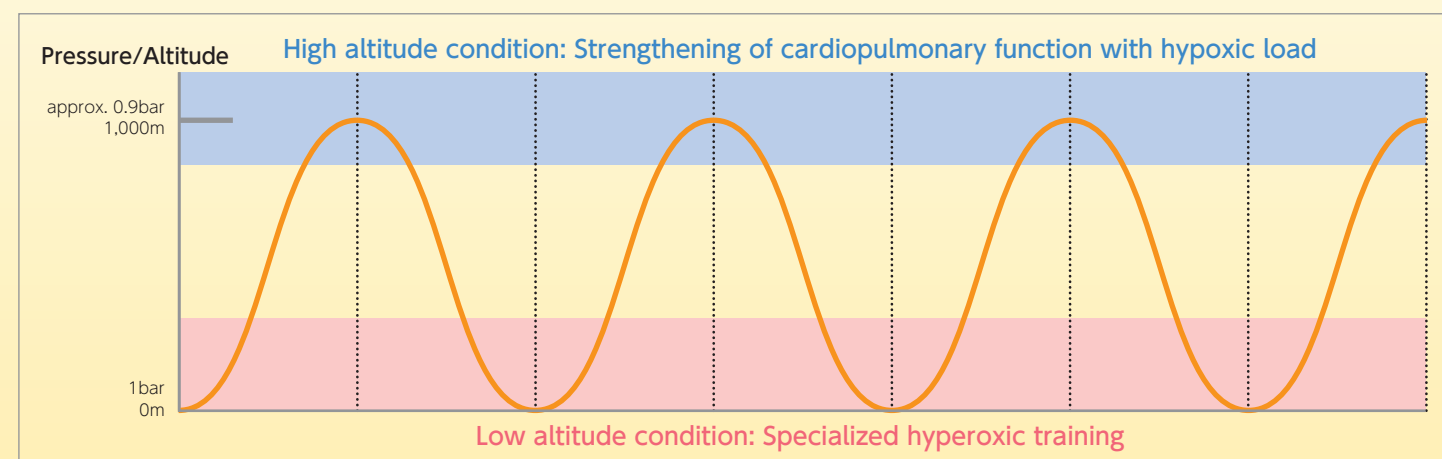
Increasing metabolism

By repeating the procedures of increasing and decreasing air pressure, you can get the same efficacy as if you would exercise air pressure interval training. This works for auto-

nomic nervous system to boost your metabolism. Thus you can expect to relieve your fatigue, increase beauty as well as lose extra weight.



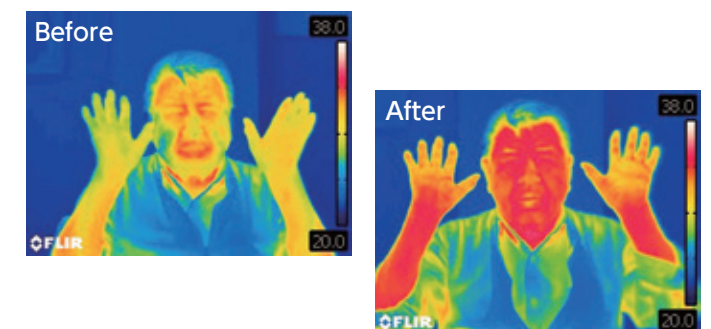
Air Pressure Interval Training effectiveness



FACTS
3

Raising body temperature to boost immunocompetence

Inside the SHINMEI ROOM system, your body experiences alternately increased and decreased air pressure. It will cause your body temperature to rise by 1°C. If your body temperature rises by 1°C, your immune system typically becomes 5 to 6 times stronger. By using the SHINMEI ROOM, you can make your body less likely to fall ill and realize better quality of life.



Comparison of the body temperature before entering the room and after leaving the room. The value increased an average of 1.029 °C after a 50-minute procedure (Tested by the SHINMEI ROOM Iwaki Chuodai Office's team).

Conform to the 3rd party safety standard

International Regulating Pressure Therapy Association

The SHINMEI ROOM products are conform to the safety standard provided by the International Regulating Pressure Therapy Association, where they verify the scientific effectiveness of the therapy from a broad perspective, including the fields of medicine, biology, science and engineering, and kinesiology.

Pressure values equivalent to 1,000m to 1,500m pressure altitude

Aircraft cabin pressure is regulated by pressurization device at 0.8 bar, which equals to that at an altitude of 2,000m. The SHINMEI ROOM products operate keeping pressure altitude within the safe limits of 1,000m to 1,500m. The world's fastest elevator travels at more than 1,000m per minute. Our products are designed to operate more slowly to achieve safety.



Patented technologies

We have eight Japanese domestic patented and six international patented technologies

"Device to promote healing of human body and its operating method" (Patent No. 6401128) and other 13 patents



Certificate of Patent(Japan)



International Patent(USA)

We also hold patents in China, Korea, Taiwan, Hong Kong, and Singapore.